

Sanatan Dharma Mandir of New York

104-22 114 Street, Richmond Hill, New York 11419.

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<http://sanaatandharmamandir.org>

Navratri Puja Process

Navratri, the festival of nights, lasts for 9 days with three days each devoted to worship of Ma Durga, the Goddess of Valor, Ma Lakshmi, the Goddess of Wealth and Ma Saraswati, the Goddess of Knowledge. During the nine days of Navratari, feasting and fasting take precedence over all normal daily activities amongst the Hindus. Evenings give rise to the religious dances in order to worship Goddess Durga Maa.

1st – 3rd day of Navratri

On the first day of the Navaratri, a small bed of mud is prepared in the puja room of the house and barley seeds are sown on it. On the tenth day, the shoots are about 3 – 5 inches in length. After the puja, these seedlings are pulled out and given to devotees as a blessing from god. These initial days are dedicated to Durga Maa, the Goddess of power and energy. Her various manifestations, Kumari, Parvati and Kali are all worshipped during these days. They represent the three different classes of womanhood that include the child, the young girl and the mature woman.

4th – 6th day of Navratri

During these days, Lakshmi Maa, the Goddess of peace and prosperity is worshipped. On the fifth day which is known as Lalita Panchami, it is traditional, to gather and display all literature available in the house, light a lamp or 'diya' to invoke Saraswati Maa, the Goddess of knowledge and art.

7th – 8th day of Navratri

These final days belong to Saraswati Maa who is worshipped to acquire the spiritual knowledge. This in turn will free us from all earthly bondage. But on the 8th day of this colourful festival, yagna (holy fire) is performed. Ghee (clarified butter), kheer (rice pudding) and sesame seeds form the holy offering to Goddess Durga Maa.

Mahanavami

The festival of Navratri culminates in Mahanavami. On this day Kanya Puja is performed. Nine young girls representing the nine forms of Goddess Durga are worshiped. Their feet are washed as a mark of respect for the Goddess and then they are offered new clothes as gifts by the worshiper. This ritual is performed in most parts of India. (process explained)

SHRI ArTHA ARGALA STOTRA

The Shri Artha Argala Stotram is another one of the invocation Mantras of the Shri Durga Saptha-shati. Where the Durga Kavach gives us the form of the Devi it is only then we are able to enter her Palace. This Stotram acts like a key or perhaps the sound of the bell which hangs at the door of a mandir, allowing us to enter the Mahal of the Devi.

So with hands clasped and a humble attitude we chant the auspicious The Stotram of the Devi as written in the Chandi Paath (also known as the Durga Saptha-shati) of 700 verses found in the Markandaye Puran.

Om Namaś Chandikāyai

Om, I bow to the Goddess Chandikā,

Om Jayanti mangala Kaali ; Bhadra Kaali Kaapaalini

Durga Shamma Shivaah Dhaatri ; Swaaha Swadha Namostute |1|

Oh! Conqueror of all, remover of darkness, Auspicious one, beyond time, bearer of the Skulls of Impure Thoughts, Reliever of difficulties, loving forgiveness, supporter of the Universe. You are the one who truly receives the sacrificial offerings and the offerings to the ancestors. To you I bow.

Jaya twam Devi chāmunde , jaya bhūtārti-hārini

Jaya sarvagate Devi ; kālarātrī namo'stute. |2|

Victory, oh Goddess, slayer of passion and anger! Victory, reliever of the troubles of all existence! Victory, all-pervasive Goddess! You are the night at the end of time! To you I bow.

Madhu-Kaitabha-vidrāvi ; vidhātr varade namah

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |3|

You who defeated the negative qualities of excess and sparseness, Giver of the blessings of the creative capacity, to you I bow. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Mahisāsura-nirnāśi ; bhaktānām sukhade namah

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |4|

You who caused the destruction Mahisā, Giver of happiness to devotees, to you I bow. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Raktabīja-vadhe Devi ; Chanda-Munda-vināśini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |5|

You who slew the demons Raktabīja, Chanda and Munda, Oh Goddess, destroyer of passion and anger. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Śumbhasyaiva niśumbhasya ; Dhūmrāsasya ca mardini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |6|

Slayer of the demons Śumbha, Niśumbha and Dhūmalocana. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Vanditānghri-yuge Devi ; sarva-saubhāgya-dāyini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |7|

All revere your lotus feet, Oh Goddess, Giver of all that is beautiful. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Acintya-rūpa-carite ; sarva-śatru-vināśini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |8|

You, of un-imaginably beautiful form and energy; Destroyer of all obstacles, remover of all afflictions. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Natebhyah sarvadā bhaktya ; Chandike duritāpahe ;

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |9|

For those who bow to you with devotion, You remove all sins and distress. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Stuvadbhyo bhakti-pūrvam tvām ; Chandike vyādhi-nāśini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |10|

Oh Goddess who cures all afflictions for those who praise you with devotion. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Chandike satatam ye tvām ; archayantīha bhaktitah

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |11|

Oh Goddess who removes all confusion for those constant in their worship. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Dehi saubhāgyam-ārogyam ; dehi me paramam sukham

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |12|

Grant us good fortune, freedom from disease, and supreme happiness.
Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Vidhehi dvisatām nāśam ; vidhehi balam-uccakaih

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |13|

Grant the destruction of all that is disruptive, grant us renewed inner strength and supreme happiness. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Vidhehi Devi kalyānam ; vidhehi paramām śriyam

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |14|

Oh Goddess, grant liberation and supreme prosperity. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Surāsura- śīro-ratna- ; nighrsta-caranembike

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |15|

Oh Mother of the Universe, at whose feet Gods and Demons surrender. Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Vidyāvantam yaśasvantam ; laksmīvantam janam kuru

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |16|

Please endow this self with intelligence and true wealth. Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Prachanda-daitya-darpaghne ; Chandike pranatāya me

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |17|

You who destroy the intensity of negative thoughts, You who tear apart ignorant thoughts of this self who seeks your shelter. Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Caturbhuje caturvaktra- ; samstute Parameśvari

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |18|

Oh, four-armed Goddess, admired by Lord Brahma! Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Krsnena samstute Devi ; śaśvad-bhaktyā sadāmbike

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |19|

Oh, Goddess, Mother of the Universe, Krishna praises you with extreme devotion. Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Himācala-sutā-nātha- ; samstute Parameśvari

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |20|

Oh Supreme Goddess, the Lord of the Daughter of the Himalayas (Shiva) always sings your praise. Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Indrāni-pati-sadbhāva- ; pūjite Parameśvari

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |21|

You who are worshipped by the husband of Indrani (Indra) with devotion. Grant us your Form, grant us victory, grant us welfare, destroy all hostility

Devi prachanda-dordanda- ; daitya-darpa-vināśini

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |22|

With your great staff you have destroyed the demons of egotism and thought. Grant us your Form, grant us welfare, destroy all hostility.

Devi bhakta-janoddāma- ; dattānandodaye'mbike

Rūpam dehi jayam dehi ; yaśo dehi dvisho jahi |23|

You who give salvation and perennial joy to your devotees Grant us your Form, grant us victory, grant us welfare, destroy all hostility.

Patnīm manoramām dehi ; manovrttā-nusārinīm

Tārinīm durga-samsāra- ; Sāgarasya kulodbhavam |24|

Oh Goddess, grant me a spouse who will lead the family across the terrible ocean of life and death.

Hari Om Tat Sat

Durga Chalisa

NAMO NAMO DURGE SUKH KARANI

NAMO NAMO AMBE DUKH HARANI

I bow to You O Goddess Durga, the bestower of happiness! I bow to You O Goddess Amba, who Ends all miseries

NIRAKAR HAI JYOTI TUMHARI

TIHOUN LOK PHAILI OUJIYARI

The radiance of your light is limitless and all pervading and all the three realms (Earth, Heaven And the Nether World) are enlightened by Thee

SHASHI LALAT MUKH MAHA VISHALA

NETRA LAL BHRIKOUTEE VIKARALA

Your face is like the moon and mouth very huge. Your eyes shine with a red glow and You have a Frightening frown

ROOP MATOU KO ADHIK SOUHAVE

**DARSHA KARATA JANA ATI SOUKH
PAVE**

O Mother! Your look is enchanting, the very sight of which ensures welfare of the devout

TOUM SANSAR SHAKTI LAYA KEENA

PALANA HEYTU ANNA DHAN DEENA

All the powers of the World repose in Thee and it is You who provide food and wealth for the World's survival

ANNAPOORNA HOUJ JAG PALA

TUMHI ADI SUNDARI BALA

Like the feeding Mother Annapoorna, You nurture the whole universe and You are the one Who appear like the timeless Bala Sundari (young girl of extreme beauty)

PRALAYAKALA SAB NASHANA HARI

TOUM GOWRI SHIV SHANKAR PYARI

At the time of dissolution, it is You, O Mother, who destroys everything. You are the beloved Consort of Lord Shiva, Gowri (Parvati)

SHIV YOGI TUMHRE GUN GAVEIN

**BRAHMA VISHNU TUMHEIN NIT
DHYAVEIN**

Lord Shiva and all yogis always chant your praise Brahma, Vishnu and all other Gods ever meditate on You

ROOP SARASWATI KO TOUM DHARA

DEY SUBUDDHI RISHI MUNINA UBARA

You appear in the form of Goddess Saraswati too, to grant wisdom to the sages and thus ensure their Welfare

DHARYO ROOP NARSIMHA KO AMBA

PRAGAT BHAYI PHAR KAR KHAMBA

O Mother Amba! It was You who appeared in the form of Narsimha, sundering the pillar

RAKSHA KARI PRAHLAD BACHAYO

HIRANYAKSH KO SWARGA PATHAYO

Thus You saved Prahlad and Hiranyakashyap also went to Heaven as he was killed by your Hands

LAKSHMI ROOP DHARO JAG MAHIN

SHREE NARAYAN ANGA SAMAHIN

In the form of Goddess Lakshmi, O Mother, you appear in this world and repose by the side of Shree Narayan

KSHEER SINDHU MEIN KARAT VILASA

DAYA SINDHU DEEJEY MAN ASA

Dwelling in the ocean of milk, O Goddess, with Lord Vishnu, please fulfill my desires.

HINGALAJA MEIN TOUMHI BHAVANI

MAHIMA AMIT NA JAT BAKHANI

O Bhavani, the famous Goddess of Hingalaja is no one else but You Yourself. Illimitable is your Glory, defying description

MATANGI DHOOMAWATI MATA

BHUVANESHWARI BAGALA SUKHDATA

You are yourself Matangi and Dhoomavati Mata. It is You who appear as Bhuvaneshwari and Bagalamukhi Devi to bestow happiness to all

SHREE BHAIRAV TARA JAG TARANI

**CHHINNA BHALA BHAVA DUKH
NIVARINI**

It is You who redeem the world, appearing in the form of Shree Bhairavi, Taradevi and Chhinnamasta Devi, and end its sorrows

KEHARI VAHAN SOHA BHAVANI

LANGOUR VEER CHALATA AGAVANI

Reposing gracefully upon your vehicle, O Goddess Bhavani, You are welcome by the brave Langour (Lord Hanuman)

KAR MEIN KHAPPAR KHADGA VIRAJEY

JAKO DEKH KAL DAR BHAJEY

When You appear in the form of Goddess Kali, with sword in one hand and a cupel in the other, Even Time flees in panic

SOHE ASTRA AUR TRISHULA

JASE OUTHATA SHATRU HIYA SHOOLA

Beholding You, well armed, with a Trident in your hand, the enemy's heart aches with the sting Of fear

NAGARKOT MEIN TOUMHI VIRAJAT

TIHOUN LOK MEIN DANKA BAJAT

You also repose in the form of Devi at Nagarkot in Kangara. Thus all the three realms shudder in the might of your glory

SHUMBH NISHUMBH DANUJ TOUM MARE

RAKTA BEEJ SHANKHANA SANGHARE

You slayed the demons like Shumbh & Nishumbh and massacred the thousand forms of the dreaded Demon Raktabeej

MAHISHASUR NRIP ATI ABHIMANI

JEHI AGH BHAR MAHI AKOULANI

When the earth was severely distressed bearing the load of the sins of the arrogant Mahishasur

ROOP KARAL KALIKA DHARA

SEN SAHITA TOUM TIN SAMHARA

You assumed the dreadful form of Goddess Kali and massacred him along with his army

PARI GARH SANTANA PAR JAB JAB

BHAYI SAHAY MATOU TOUM TAB TAB

Thus, whenever the noble saints were distressed, it is You O Mother, who came to their rescue.

AMARPURI ARU BASAV LOKA

TAB MAHIMA SAB RAHEY ASHOKA

All the realms including the Amarpuri (divine realm) remain sorrowless and happy by Your Grace. O Goddess!

JWALA MEIN HAI JYOTI TOUMHARI

TOUMHEIN SADA POOJEY NAR NARI

It is the symbol of Your glory that is burning brightly at Shree JwalaJi. All me and women Ever worship You, O Mother!

PREM BHAKTI SE JO YASH GAVE

DUKH DARIDRA NIKAT NAHIN AVE

He who sings Your glory with devotion, love, and sincerity remains beyond the reach of grief And poverty

DHYAVE TOUMHEIN JO NAR MAN LAYI

JANMA MARAN TAKO CHHOUTI JAYI

He who meditates upon Your form with concentration goes beyond the cycle of births and deaths

JOGI SUR MUNI KAHAT POUKARI

JOG NA HO BINA SHAKTI TOUMHARI

All the yogis, gods and sages openly declare that without your favour one can't establish communion with God

SHANKARA ACHARAJ TAP ATI KEENHO

KAM KRODH JEET SAB LEENHO

Shankaracharya had performed once a special penance called Aacharaj and by virtue of which he had subdued his anger and desire

NISHIDIN DHYAN DHARO SHANKAR KO

KAHOU KAL NAHIN SOUMIRO TOUMKO

He ever worshipped Lord Shankar and never for a moment concentrated his mind on You

SHAKTI ROOP KO MARAM NA PAYO

SHAKTI GAYI TAB MAN PACHITAYO

Since He did not realise your immense glory, all His powers waned and then He repented hitherto

SHARNAGAT HOUYI KIRTI BAKHANI

JAI JAI JAI JAGADAMBA BHAVANI

Then He sought refuge in You, chanted Your glory and 'victory, victory, victory to Thee, O Jagadamba Bhavani'

BHAYI PRASANNA ADI JAGADAMBA

DAYI SHAKTI NAHIN KEEN VILAMBA

Then, O Primal Goddess Jagadamba Ji, You were propitiated and in no time You bestowed Him with his lost powers

MAUKON MATOU KASHTA ATI GHERO

TOUM BIN KAUN HAREY DUKH MERO

O Mother! Severe afflictions distress me and no one except Your Honoured Self can provide relief please end my afflictions

ASHA TRISHNA NIPAT SATAVEIN

MOHA MADADIK SAB BINSHAVEIN

Hopes and longings ever torture me. All sorts of passions and lust ever torment my heart

SHATRU NASH KIJEY MAHARANI

SOUMIRON IKCHIT TOUMHEIN BHAVANI

O Goddess Bhavani! I meditate only upon you Please kill my enemies O Queen!

KARO KRIPA HEY MATOU DAYALA

RIDDHI SIDDHI DEY KARAHOU NIHALA

O Merciful Mother! Show me your favour and make me feel happy by bestowing me with all sorts of riches and powers

JAB LAGI JIYOUN DAYA PHAL PAOUN

**TOUMHRO YASH MEIN SADA
SOUNAOUN**

O Mother! May I be receptive of Your grace as long as I live, ever recounting the feats of Your Glory to all

DURGA CHALISA JO NAR GAVEY

This way, whoever sings this Durga Chalisa shall ever enjoy all sorts of pleasures and shall attain the highest state in the end

SAB SOUKH BHOG PARAMPAD PAVEY

DEVIDAS SHARAN NIJ JANI

Deeming Devidas to have sought Your shelter, O Bhavani, grant me Your favour.

**KARAHOUN KRIPA JAGADAMBA
BHAVANI**

Atha Tantroktam Devi Suktam - Chandi Path with Meaning

Dooha :

**Namo devyai mahadevyai sivayai satatam namaha
Namaha prakrityai bhadrayai niyataah pranatah sma taam. - 1**

*We bow to the Goddess, to the great Goddess, to the **energy** of Infinite Goodness. We prostrate, with hands **together**, to Nature, to the **excellent** one.*

**Roudrayai namo nityayi gouryayai dhatrayai namo namaha
Jyothsnayyai chendurupinyayai sukhayyai satatam namaha. - 2**

*We bow to the Reliever of Sufferings, to the eternal, to the embodiment of rays of **light**. We continually bow to the Goddess who manifests light, to the **form** of devotion, to Happiness.*

**Kalyanyai pranatam vrddhyayai siddhyai kurmo namo namaha
Nairrtyai bhubrtaam lakshmyai sharvanyayai tey namo namaha. - 3**

*We bow to the welfare of those who bow. To change, to perfection, to dissolution, to the **wealth** which sustains earth, to the wife of Consciousness, we bow.*

**Durgayai durgaparayai, saraayai sarvakarinyai
Khyatyai tathaiva krsnayai dhumrayai satatam namaha. - 4**

We bow to the one who removes difficulties, who removes beyond all difficulties, to the essence. We continually bow to the doer of all, to perception and to the unknowable one.

**Atisoumyati raudrayai, natastastasyai namo namaha
Namo jagatpratishtayai, devyai krtyai namo namaha - 5**

*We bow to the extremely **beautiful** and to the extremely fierce, we bow, we bow. We bow to the establisher of the perceivable world and Who is the mundane existence, we bow, we bow.*

Mool Mantra :

**Ya devi sarvabhuteshu, Vishnu mayeti shabdita
Namastasyai || Namastasyai || Namastasyai namo namaha - 6**

We bow to the divine Goddess in all existence who is addressed as the perceivable form of the consciousness which pervades all. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Chetanetyabhi dhiyate
Namastasyai || Namastasyai || Namastasyai namo namaha - 7**

We bow to the divine Goddess in all existence who resides all throughout the Consciousness and is known by the reflections of mind. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Buddhi rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 8**

We bow to the divine Goddess in all existence who resides in the form of intelligence. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Nidra rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 9**

We bow to the divine Goddess in all existence who resides in the form of Sleep. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Ksudha rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha -10**

We bow to the divine Goddess in all existence who resides in the form of Hunger. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Chaya rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 11**

We bow to the divine Goddess in all existence who resides in the form of appearance. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, shakti rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 12**

We bow to the divine Goddess in all existence who resides in the form of energy. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Trishna rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 13**

We bow to the divine Goddess in all existence who resides in the form of desire. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Ksanti rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 14**

We bow to the divine Goddess in all existence who resides in the form of patient forgiveness. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Jati rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 15**

We bow to the divine Goddess in all existence who resides in the form of all living beings. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Lajja rupena samsthit
Namastasyai || Namastasyai || Namastasyai namo namaha - 16**

We bow to the divine Goddess in all existence who resides in the form of humility. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Shanti rupena samsthit
Namastasyai || Namastasyai || Namastasyai namo namaha - 17**

We bow to the divine Goddess in all existence who resides in the form of peace. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Sraddha rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 18**

We bow to the divine Goddess in all existence who resides in the form of faith. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, Kanti rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 19**

We bow to the divine Goddess in all existence who resides in the form of beauty enhanced by love. We bow to her, we bow to her, we continually bow to her.

**Ya devi sarvabhuteshu, lakshmi rupena samsthita
Namastasyai || Namastasyai || Namastasyai namo namaha - 20**

*We bow to the divine Goddess in all existence who resides in the form of true wealth.
We bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, Vritti rupena samsthita
Namastasyai II Namastasyai II Namastasyai namo namaha - 21**

*We bow to the divine Goddess in all existence who resides in the form of change. We
bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, Smriti rupena samsthita
Namastasyai II Namastasyai II Namastasyai namo namaha - 22**

*We bow to the divine Goddess in all existence who resides in the form of recollection or
memory. We bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, Daya rupena samsthita
Namastasyai II Namastasyai II Namastasyai namo namaha - 23**

*We bow to the divine Goddess in all existence who resides in the form of compassion. We
bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, Tusti rupena samsthita
Namastasyai II Namastasyai II Namastasyai namo namaha - 24**

*We bow to the divine Goddess in all existence who resides in the form of Satisfaction.
We bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, Matr rupena samsthita
Namastasyai II Namastasyai II Namastasyai namo namaha - 25**

*We bow to the divine Goddess in all existence who resides in the form of Mother. We
bow to her, we bow to her, we continually bow to her.*

**Ya devi sarvabhuteshu, bhranti rupena samsthit
Namastasyai II Namastasyai II Namastasyai namo namaha - 26**

*We bow to the divine Goddess in all existence who resides in the form of confusion. We
bow to her, we bow to her, we continually bow to her.*

**Indiyanamadhishtatri, bhutanam chaakhileshu yaa,
Bhuteshu satatam tsyai, vypti devyai namo namaha. - 27**

*Presiding over the senses of all beings and pervading all existence, to the Omnipresent
Goddess who individualizes creation we bow, we bow.*

**Chitirupena ya krtsnametad vapy sthita jagat,
Namastasyai Namastasyai Namastasyai namo namaha. - 28**

In the form of consciousness she distinguishes the individual phenomena of the perceivable universe. we bow, we bow, we bow, we bow to her.

**stuta suraih purvamabhista samsrayat tathas urendrena dinesu sevita
Karotu sa naha shubhaheturiswari subhani bhadraanyabhihantu capadaha - 29**

In the old days, that Who was eulogized, by the means of earlier attained wealth, by the demi-gods and by Indra (the king of demi-gods) may that Goddess, Who is for auspicion, brings beautiful fortune to us and may She destroy the various calamities.

**yaa sampratam coddhatadaityatapitair asmabhi risha ca surair namasyate
Yaa ca smrta tatsanmeva hantinaha Sarvapado bhaktivinamra murtibhih - 30**

We Gods have been harassed by arrogant thoughts in the manner of men, and at this time all of us Gods bow to seer of all, who, when bowed to with devotion, and remembered in a physical image immediately terminates our every adversity.

Kanya Puja in Navratri | Kumari Puja | Durga Puja

Durga Puja begins on the day of Pratipada and ends on the ninth day of the Shukla Paksha. This festival is celebrated twice a year i.e on first on Chaitra month and second on Ashwin month. Chaitra Navratri is also known as Varshik Navratri and Ashwin Navratri is called Sharidya Navratri. On the ninth day of the Navratri, Kanya Pujan is performed according to the rituals described in the Shastras. One improves his fortune by worshipping one girl child and salvation by worshipping two girls on this day. By worshipping 3 girls, one gets the devout mind and wealth, treasure by worshipping 4 girls, wisdom and success by worshipping 5 girls, six kind of achievements by worshipping 6 girls, kingdom by worshipping 7 girls, wealth and prosperity by worshipping 8 girls and domination of earth by worshipping 9 girls. Girls up to 10 years of age are worshipped in Kanya Pujan.

Rituals to perform Puja

Kanya Pujan is performed on Ashtami and Navami days of the Navratri. On the ninth day unmarried girls between the ages of 2-10 years are invited to have food. Girls who are older than 10 years of age are not considered for this Pooja. The number of the girls should be 9 in total equivalent to nine forms of the goddess or there should be at least 2 girls present while performing the Kanya Pujan.

Kumari Pujan

2 year old girls are considered to be Kumari. By worshipping a Kumari the devotee gets relief from all the pain and poverty.

Trimurti.

3 year old girls are considered Trimurti. The devotee gets a devout mind by worshipping the

Kalyani Pujan

4 year old girls are called Kalyani. The devotees get wisdom, success and all his desires are fulfilled.

Rohini Pujan

5 year old girls are called Rohini. The devotee gets relief from all the ailments and attains good health by worshipping Rohini.

Kalika Pujan

6 year old girls are called Kalika. By doing Rohini Pujan the devotee is able to defeat his enemies.

Chandika Pujan

7 year old girls are called Chandika. The devotee achieves wealth by performing Chandika Pujan.

Shambhavi Pujan

8 year old girls are called Shambhavi. By performing Shambhavi Pujan the devotees get relief from the poverty and wins in debates.

Durga Pujan

9 year old girls are called Durga. She protects the devotees from all the troubles and helps in accomplishing tough works. The devotees get freedom from all fears by worshipping Durga.

Subhadra Pujan

10 year old girls are called Subhadra. Goddess Subhadra looks into the welfare of the devotees. One achieves happiness on earth and in heaven as well by performing Subhadra Pujan.

Rituals to perform Puja

All these 9 girls portray and represent the nine forms of the goddess.

First of all, the feet of the girls are washed with water and are made to sit in a row on a pedestal. The girls are worshipped by chanting the Mantras. Then, Kumkum is applied on the forehead of all the girls followed by tying kaleva on their hands. Halwa, Puri and black grams are served to them. Once the girls finish eating the prasada the devotee touch their feet to get the blessings. Then give them some kind of dakshina before departing them. Goddess Durga gets pleased when the devotee performs Kanya Pujan with proper rituals and gives him freedom from all the troubles in his life